

DATE
May 1st

TIME
6PM-8PM

WHERE
**Manistique
High School
Auditorium**

FOR
Teens & Adults

RESILIENCE

THE BIOLOGY OF STRESS & THE SCIENCE OF HOPE

Dr. Mark Sloane & Dr. Jim Henry
Trauma Experts in Adverse Childhood Experiences (ACE's)

FREE MOVIE + GIVEAWAYS

FREE TRANSPORTATION AVAILABLE

ADMIT ONE

SCAN TO WATCH
THE TRAILER



CARE

Coordinate Advocate Resource Educate

scmh.org/community-connect/



FREE COMMUNITY RESOURCE ASSISTANCE
Addictions • Mental Health • Childhood Trauma

Bad things happen to a lot of people. Life-threatening situations and things like emotional, physical, and sexual abuse can affect a person throughout their life. Getting help can help people deal with these things and live a happier life. Resilience is about "bouncing back" after bad things happen. We hope you will come and learn more about this.

For additional
information contact
Community Connect
Patient Navigator
Julie Hardy
Located at the
SMH Rural Health Clinic
906-341-3200 Ext. 3341
jhardy@scmh.org