



Build a support system with people who understand.

Alzheimer's Association Caregiver Support Groups, conducted by trained facilitators, are a safe space for caregivers, family and friends of persons with dementia to:

- Develop a support system
- Exchange practical information on care giving challenges and possible solutions
- Talk through issues and ways of coping.
- Share feelings, needs and concerns
- Learn about community resources

Alzheimer's Support Group

Presented by Alzheimer's Association, Greater Michigan Chapter-Upper Peninsula

Meeting Dates: Second Wednesday of Each

Month 2:00 - 3:00 pm

Schoolcraft Memorial Hospital

7870W U.S. Hwy 2 - Manistique, MI 49854

Contact Jeani Dalgord at 906-341-3200 ext. 1863

Call our 24/7 Helpline for more information: 800-337-3827. Visit alz.org to learn more about caregivers programs and resources. To further extend your network of support, visit ALZConnected, our online community, at alzconnected.org